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INFORMED CONSENT TO DRY NEEDLING AT A CHIROPRACTIC TREATMENT

DRY NEEDLING THERAPY PROCEDURE: This procedure involves the insertion of a needle into myofascial trigger points (“knots” in muscle or fascia).

Risks: It is a safe procedure in most areas of the body but may result in bleeding, bruising, infection, localized as well as referred pain and autonomic phenomena such as dizziness and nausea. There is an increased risk when performing this procedure over the lung fields as it is possible for the needle to cause a pneumothorax (air trapped in the thoracic space that can prevent normal inflation of the lung). Symptoms of a pneumothorax include chest pain and shortness of breath.

Please notify your chiropractor immediately should this occur at any point after this procedure. All preventative measures and techniques will be used to limit risks associated to this procedure.

Patient name: _____

[illegible]



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